

Meltham Moor Primary School Child-Friendly Anti-Bullying Policy



This school is a place where everyone has the right to be themselves. It's a place where everyone can feel safe, be happy and learn. Everyone at our school is equal and acts with respect and kindness towards each other. Our school is a bully-free place.

Our Vision

At Meltham Moor we will ensure that every child can achieve their best personally, socially and academically.

Our Values

- Aspiration - encouraging everyone to be the best that they can be.
- Confidence - being prepared to take risks, without fear of failure, and developing self-esteem from recognising achievements.
- Resilience - being able to bounce back and try again.
- Compassion - being friendly, caring, well-mannered and behaving appropriately, supporting and respecting each other.
- A love of learning.

Our Rules

- Respectful - treating others with respect and decency, showing an awareness of their qualities
- Reasonable - thoughtful and sensible, ready to listen to the opinion of others and to think and react in a responsible way
- Responsible - to be responsible for our own actions, responsible for our own learning and to take care of things and other people

Golden rule - To follow instructions

What is bullying?

Bullying is when a person or group is repeatedly hurtful or unkind to another person or group, on purpose. It is not a one off event. A useful way to remember bullying is:

SEVERAL TIMES ON PURPOSE



- Hitting or saying you are going to hit someone
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out
- Sending hurtful or unkind texts, emails or online messages to someone or about someone

Bullying can hurt inside and outside a person



- Race or ethnicity (racist bullying)
- Religion or belief
- Family and culture
- Sexist bullying, which is bullying someone because of their gender.
For example, because they are a boy or a girl, or saying they are acting 'like a boy' or 'like a girl'
- Homophobic or biphobic bullying. This is saying unkind or nasty things because someone is lesbian, gay or bisexual, or because you think they are, or because they have two mums or two dads. It is also calling someone lesbian, gay or bisexual on purpose to be unkind or nasty to them, for example 'you're so gay!'
- Special educational needs or disability

- What someone looks like
- Where someone lives
- Because of their name



If someone is being hurtful or unkind to you several times on purpose, for whatever reason, whether it is about you or your family or friends, that is bullying. No one should be picked on for being different in anyway, for how they act, what they look like or who their family are.

Why does bullying happen?

Although bullying doesn't happen very much at this school it might happen. Bullies can be older or younger than you, bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel worse about themselves. If you are being bullied remember that it is never your fault.

Where does bullying happen?



Bullying can happen at school, after school and online



What should I do if I think someone is being bullied?

Talk to the person and ask if they're ok and try to find out if they are being bullied. If they are, ask if you can help them talk to a teacher or an adult they trust.

What should I do if I'm being bullied?

If you are being bullied it is important to tell someone you trust. Tell an adult or friends, either at school or at home. If you have already told an adult about bullying you can still tell them again. You can:

- Tell a teacher - your class teacher or any other teacher
- Tell an **mental health champion** who will be able to help you
- Tell any other adult staff in school - such as a lunchtime assistant or a teaching assistant
- Tell an adult at home
- You can also write a note about the bullying in the **class worry box**
- You can also call ChildLine at any time for free on 0800 1111. They will not tell anyone else about what you have said.
- If you are feeling left out, stand next to the buddy stop and an mental health champion or member of staff will come to check that you are okay.

What should I do if I'm being bullied?

If you tell a teacher or an adult at school they will be able to help you. They may tell another teacher like your class teacher, or a parent or carer so that they can help. Telling an adult will never make the bullying worse. They will talk to you and the bully to find ways to stop the bullying.

This policy was produced with the help of the school council and class councils - updated September 2023